

NOAH P. BENDER

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Experience

Fine Dining Restaurant Server – Cava Mezze Rockville (May 2024-present)

- Provided polished, attentive service at Cava Mezze in a high-volume, upscale Mediterranean dining environment, creating smooth, memorable experiences for a diverse clientele.
- Built strong knowledge of the menu and beverage program, including wine pairings, spirits, and cocktails, allowing for confident, thoughtful recommendations throughout multi-course meals.
- Consistently drove high check averages—often several hundred to over a thousand dollars per table—by guiding guests in a natural, personalized way that enhanced their overall experience.
- Earned strong guest trust through warm, effective, detail-oriented service, leading to repeat clientele and consistently high gratuities reflective of elevated service standards.
- Worked closely with kitchen and bar teams to maintain accurate orders, proper timing, and a seamless flow of service, especially during peak hours.
- Managed multiple tables and large parties with composure and professionalism, upholding fine dining standards in a fast-paced environment.
- Anticipated guest needs—such as pacing, refills, and special requests—without being asked, helping each table feel cared for and at ease.
- Recognized by management for reliability, attention to detail, and the ability to deliver polished, genuine hospitality while contributing to overall sales growth.

Food Runner and Reservationist - Salt and Vine in Olney, MD (May 2023-Feb. 2024)

- Supported seamless front-of-house operations through efficient food running, table maintenance, and attentive assistance to service staff.
- Helped create a welcoming and organized dining environment by engaging with guests and coordinating closely with team members.
- Managed reservations and seating flow with attention to timing and guest needs, contributing to an efficient and well-paced dining room.
- Ensured accuracy and organization of takeout orders, maintaining quality and timeliness during busy service periods.
- Built a strong foundation in hospitality, developing the ability to multitask, communicate clearly, and perform effectively in a high-energy setting.

Disability Inclusion Camp Counselor – JCC of Greater Washington (Summer 2022, 2023, and 2024)

- Provided attentive, individualized supervision for a group of young campers, including dedicated support for a child with Autism, ensuring a safe and inclusive environment.
- Led and organized daily activities with a focus on structure, engagement, and positive group dynamics.
- Communicated closely with a parent to deliver a personalized and meaningful experience, tailoring care to specific needs and preferences.
- Collaborated with a large team of passionate individuals for comprehensive disability services, including assistance with social engagement, behavioral challenges, and summer camp educational experiences.

Skills and Interests

- Interpersonal communication with strong intuition for guest needs
- Appointed Notary Public, trusted with accuracy, discretion, and professionalism
- Writing and storytelling
- Acting/performance, confidence, presence, and mastery of memorization
- Detail-oriented, personalized approach to customer service
- Competitive tennis player with composure under pressure
- Wine and beverage knowledge, including pairing fundamentals
- Multitasking and time management in fast-paced environments
- Team collaboration and support during high-volume service
- Strong memory and recall, supporting accurate orders and personalized guest experiences

Education

Park School of Baltimore, Class of 2024 (3.95 GPA)

University of Maryland, Baltimore County, Class of 2029 (University Academic Honors)

Theatrical Experience

- **Robin Hood** (book by D. Farr) – the role of *Little John* and Director of Props – Park School of Baltimore
- **High School Musical** (book by H. Cohen, L. Arie, H. Bar-Klein, music by E. Schon and N. Pilcher) – the role of *Ryan Evans* – Krieger Schechter Day School
- **The Panic Broadcast of 1938** (book by M. Druce) – the role of *Tom* – Park School of Baltimore
- **An Enemy of the People** (book by H. Ibsen) – ensemble role – Park School of Baltimore
- **Macbeth** (book by W. Shakespeare) – the role of *King Duncan* – Park School of Baltimore

References are available upon request.